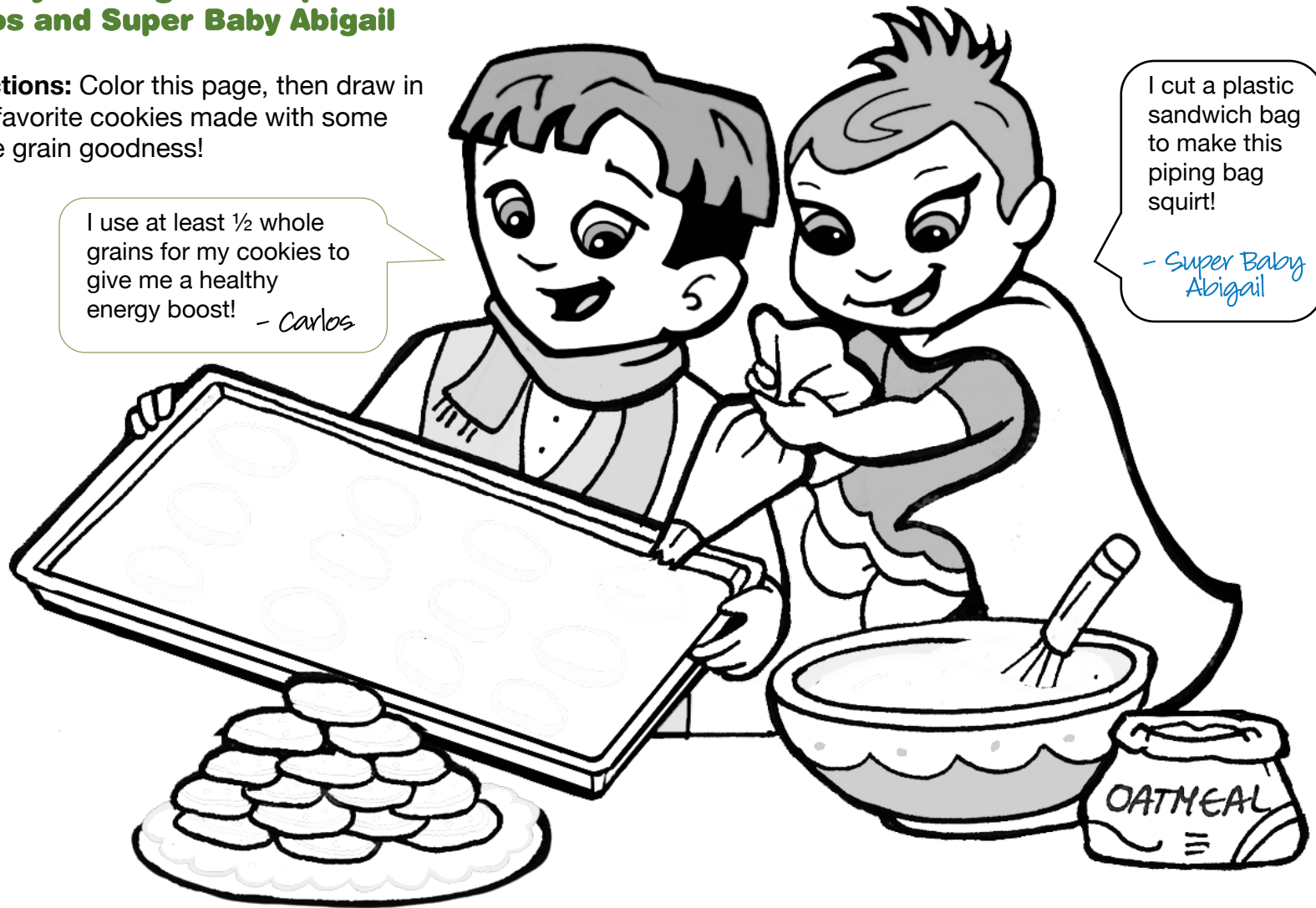


## Holiday Baking with Super Crew Kids Carlos and Super Baby Abigail

**Directions:** Color this page, then draw in your favorite cookies made with some whole grain goodness!

I use at least  $\frac{1}{2}$  whole grains for my cookies to give me a healthy energy boost!  
- Carlos

I cut a plastic sandwich bag to make this piping bag squirt!  
- Super Baby Abigail



Carlos is showing Super Baby Abigail his favorite healthy & tasty cookie recipe.

What's your favorite? \_\_\_\_\_