Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth

Earth Day & the Super Crew

Healthy Foods for a Healthier Earth
Spring Fruit Suns:
1. Cut pineapple into rings (remove the core). This will be the center of the sun.
2. Cut mango into strips and place around the pineapple to make the sun rays.
3. Place a spoonful of low fat yogurt in the middle of the sun and use as dip. (Cost saving tip: You can also use canned pineapple rings packed in juice!)

Bird Feed Trail Mix:
1. Mix roasted soy nuts, sunflower seeds, raisins/golden raisins, Craisins, and whole grain cereal.
2. Eat and enjoy, it's not for the birds!

Creamsicle Treat:
1. Peel orange and cut into small segments. 2. Remove the seeds, but keep the orange segments. 3. Mix the orange and low fat milk, and ice. 4. Blend to make a cool creamsicle treat.

Tropical Smoothie:
1. Cut your favorite in-season tropical fruits into cubes. 2. Blend fruit with store-brand vanilla soy milk or RBGH free milk.

Creamsicle Tree Activity:
1. Recycle a can or container to use as a pot. 2. Fill with moist soil and plant a dried orange seed. 3. Cover with plastic wrap by placing 3 twigs inside or wooden sticks to hold wrap in place. 4. Put the pot in the sun, continue to water, and watch it grow!

Snacks! Turn Earth-Friendly Tips into Fun & Healthy Snacks!