

Grades
K-1



Mighty Mango Math



Use your mighty math skills to help Andy get super strong! Count the mangoes and write the total on the line. The more mangoes Andy eats, the stronger he gets!

5 mangoes, 1 corn, 1 mango + 2 mangoes, 1 apple, 1 mango, 1 pepper, 1 mango, 1 mango = _____

2 mangoes, 1 apple, 1 mango + 1 mango, 1 pepper, 1 mango, 1 banana, 1 mango + 1 mango, 1 corn = _____

1 banana, 1 mango, 1 mango, 1 mango, 1 mango + 1 basil, 1 mango, 1 apple, 1 mango, 1 mango = _____



Thanks for helping me count the mangoes!

Now let's make a super strength smoothie together before we play outside.
Always remember to ask an adult for help when using the blender!

Andy's Super Strength Smoothie

Andy says to...



Cut 2 frozen bananas into pieces



Peel and slice 1 mango



Pour 10 oz orange juice



Scoop 1 cup low fat or fat free vanilla yogurt

Put them into the blender

Ask an adult to help mix it up



Makes 4 servings so we can share with friends!

Parent tip: Did you know mangos are one of the most nutritious foods? They are ranked as having one of the highest in mineral content.